



Rod Underhill, District Attorney

1021 SW Fourth Avenue, Room 600
Portland, OR 97204-1193
Phone: 503-988-3162 Fax: 503-988-3643
www.mcda.us

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Luis Trybom sentenced to 20 years in prison following extensive sex crimes investigation

Today, Multnomah County District Attorney Rod Underhill announced Luis Trybom, 39, was sentenced to 20 years in prison after he previously pleaded no contest to felony sex crimes.

At the defendant's sentencing hearing, which was held on September 7 before Multnomah County Circuit Court Judge Karin J. Immergut, five separate victim impact statements were read.

The theme of the statements included the physical and mental struggles the survivors endured at the hands of Trybom. They also encouraged other survivors of sexual abuse to find strength when coming forward to hold offenders accountable.

"He is emotionally abusive and is the epitome of a con artist," one survivor told the court in person. "He is a professional manipulator and was able to weasel his way through the system. ...Support groups have been created and public warnings have gone out on this one individual, which proves how many lives he has damaged. The result of his actions continue to be a major burden on me and I've accepted the necessary actions to take in order to heal. The humiliation and insignificance I've felt over the years hopefully ends today because I'm finally allowed to be heard."

Another survivor had her impact statement read onto the record by the Multnomah County District Attorney's Office because "...today I am in an operating room delivering anesthesia to patients having open heart surgery in North Carolina."

She described Trybom as "a danger and a predator on young women. ...Out of the sadness, fear, depression, and anxiety, I grew stronger in my ability to protect myself and hopefully protect others against Mr. Trybom. I was taking the control back. No one could make me feel a certain way without my consent, even though other actions by Mr. Trybom had been without just that: consent. I am stronger today as a result of what happened to me, despite feeling weak, powerless, and in danger in the moment."

A third survivor told the Court she struggles each day thinking about the abuse. Her victim impact statement included, "my ability to focus on the things that are important to me such as school and work has been a constant battle since this happened. ...From this experience, I know down the road, eventually, I will grow and learn from [this] and I'll be able to keep other people from falling into the same footsteps I stumbled into."

A fourth impact statement remarked on Trybom's "sick, sexually twisted" ways to trap and manipulate his victims. She told the Court "I was afraid [Mr. Trybom] would physically attack me. ...He has taken advantage of others and lied and stolen from others. ...He should not be allowed to get away with things he had done by way of lying and manipulation."

On July 18, 2018, Trybom pleaded no contest to one count of using a child in a display of sexually explicit conduct and two counts of sexual abuse in the second degree.

"As we heard in court today, Luis Trybom exploited these individuals and left so much damage in his wake," Multnomah County Deputy District Attorney BJ Park, who prosecuted this case, remarked after court. "This sentence will hold him accountable and it sends a clear message that the physical and sexual abuse of another person will not be tolerated. We must commend the survivors in this case for coming forward and telling their stories. Their courage to speak up shows their strength and reliance."

This investigation began in December 2016 when a minor female victim notified a school employee about potential abuse at the hands of Trybom. The school employee notified law enforcement. The case was assigned to the Portland Police Bureau's Sex Crimes Unit, which discovered additional police reports involving the defendant. Working with the Multnomah County District Attorney's Office, detectives were able to locate and identify additional witnesses and victims of Trybom. During the investigation, law enforcement learned Trybom had previously founded a private soccer academy. It is believed he was the sole employee and maintained control of all rosters. At this time, there is no evidence to show any of the victims were associated with the soccer team.

About the Portland Police Bureau's Sex Crimes Unit

The Portland Police Bureau Sex Crimes Unit's detectives are trauma informed and conduct their investigations with a victim-centered approach, which recognizes that the importance of a survivor's health can be just as important as their search for justice. No reports are declined. The Portland Police Bureau is unique among law enforcement agencies with its imbedded Victim Advocates who work to increase the rate of a survivor's healing, while Detectives focus on investigating elements of the crime.

Although some investigations can be conducted in mere days, some may take many months or even years. While a swift conclusion to cases is desired, the goal of the investigations conducted by Sex Crimes Unit is justice and truth for the survivor.

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Contact: Brent Weisberg, Communications Director
Phone: 503.988.6567
Email: Brent.Weisberg@mcd.us